



# ADRC

Resource Guide

# PUBLIC HEALTH

(888)742-9233

111 E Mullett St, Portage, WI 53901



Welcome to Our Resource Guide!

This guide is designed to provide helpful resources for older adults and individuals with disabilities. While we strive to offer up-to-date information, please note that we do not specifically endorse any of the listed resources. Our goal is to offer a comprehensive starting point for you to explore options that best meet your needs.

To make the guide more accessible, we have broken it down into individual sections. This allows you to find the information you are looking for without feeling overwhelmed by the full scope of resources available. However, if you prefer to view the guide in its entirety, we also offer a complete version for your convenience.

We do our best to keep this guide current, but if you notice any information that is outdated or incorrect, we would greatly appreciate your help in letting us know. You can contact us at [adrc@columbiacountywi.gov](mailto:adrc@columbiacountywi.gov) or by calling (608) 742-9233 with any updates or concerns.

Thank you for using our resource guide. We hope it provides valuable assistance.

Sincerely,

The ADRC of Columbia County

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## Aging and Disability Resource Center

### Your local connection for support

The Aging and Disability Resource Center provides individuals aged 18 and older and those with disabilities, access to information on long-term care services and support options. Whether you are looking for information resources, or direct assistance, the ADRC is here to help you find the right solutions for your unique needs.

With nearly 500 centers across the U.S., the ADRC offers guidance and support, ensuring that you receive the help and information you need to make informed decisions.

### How we can help

Our services include:

- Information & Referrals
- Long-Term Care Options Counseling
- Health & Wellness Programs
- Benefits Assistance
- Adult Protective Services

### Who we serve

- Older Adults
- Adults with Disabilities
- Caregivers & Family Members
- Professionals

## PUBLIC HEALTH

### Annual Flu Clinics

(608) 742-9227

Flu clinics are offered in the fall. Pneumonia vaccine, TB skin testing and Hepatitis B vaccines for adults are available year-round.

### Communicable Disease Control

(608) 742-9227

Public health nurses provide surveillance, investigation, prevention and control of communicable disease(s).

### Division of Health

(608) 742-9227

111 E Mullett St, Portage, WI

### Free Immunizations

(608) 742-9227

Free immunizations are available for eligible children. Some vaccines for adults have a cost. Immunization records are required.

### Health Checks

(608) 742-9227

Health Checks are available for anyone under the age of 21 who has a valid Medical Assistance/Medicaid card. Health Checks provide Well Baby Toddler and Well Child assessments emphasizing preventative health.

### Women, Infants, and Children (WIC)

(608) 742-9227

WIC is a supplemental nutrition program for pregnant, postpartum, and breastfeeding women, infants, and young children. Eligibility is based on family income.

## CLOTHING CENTERS

### Baraboo First United Methodist Church

(608) 356-3991

615 Broadway, Baraboo, WI

### Dekorra Lutheran Church Clothes Closet

(608) 635-7200

Corner of Smith Rd and County CS, Poynette

### Goodwill Industries – Portage

(608) 745-0616

2902 American Legion Dr, Portage, WI

### Reach Out Lodi Community Store

(608) 592-4592

601 Clark St, Lodi, WI

### St. Vincent de Paul- Baraboo

(608) 356-4649

100 South Blvd, Baraboo, WI

### St. Vincent de Paul – Portage

(608) 742-5513

1311 W. Wisconsin St, Portage, WI

### St. Vincent de Paul – Wisconsin Dells

(608) 254-4011

W15210 Hwy 16, Wisconsin Dells, WI

### Wyocena Helping Hands Pantry

165 E Dodge St, Wyocena, WI

1<sup>st</sup> 3 Mon, Wed, Tues from 10:00-12:00

